



FACS Virtual Learning

10-12 Grade

Culinary Essentials

The Importance of Family Meal Time

April 30, 2020



10-12/Culinary Essentials
Lesson: April 30, 2020

Objective:

I can analyze factors that influence nutrition and wellness practices across the life span.

Learning Target:

14.1.1: Explain physical, emotional, social, psychological, cultural, and spiritual components of individual and family wellness.

Warm-Up Activity: My Family's Favorite Meal

1. Click on the following link to access your warm-up activity:
<https://drive.google.com/open?id=1j7CcaKUyP4-2rvG6QA-ZbL6eDjivWHAu0m0Hr79BJZQ>
2. Make sure once you have the Google Doc pulled up, you click 'file' and 'make a copy' of the document BEFORE you start to edit the page
3. Share your completed work with your culinary teacher via email if you wish to receive feedback. This is not a requirement but we would love to see what you've been working on!

Assignment Title:

The Importance of Family Meal Time

1. Click on the following link to access your activity for today:

https://drive.google.com/open?id=1FuGYHRiPrzaay9WDC7VXVrD7_HOvMwANiaGPLFBH9-c

2. Make sure once you have the Google Doc pulled up, you click 'file' and 'make a copy' of the document BEFORE you start to edit the page
3. Save your completed work to your Google Drive and share with your culinary teacher via email if you wish to receive feedback